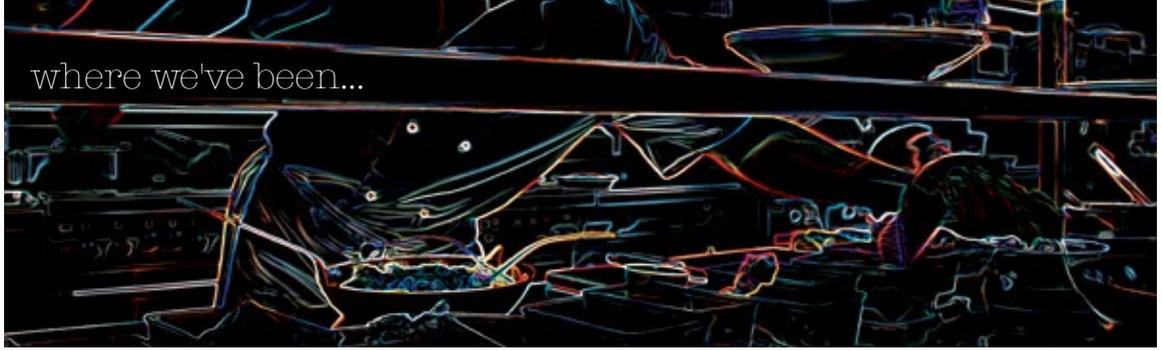


where we've been...



### **Mama's Wok Yum Cha** Macarthur Square

Longterm readers will be delighted to know that my daughter (and former magazine staffer) Brooke had a baby recently. Her little girl Rose is happy and healthy. Brooke though is suffering the shell shock that is early motherhood. On a recent Saturday afternoon, Kirsty and I picked up Brooke and took her out for a breather while her mum looked after four week old Rose.

Trying to value add, we took Brooke for lunch at Macarthur Square. Apart from a lovely 'grown up' lunch, it gave Brooke a small window of personal time too. Any mum will understand how much Brooke enjoyed this couple of hours without her 100% dependant new (super cute) human.

We opted for Mama's Wok Yum Cha, the licensed Chinese restaurant on the bottom level of the monolithic shopping centre. Brooke had never dined at the reliable restaurant so it was even more of a treat.

"Do they have san choy bow?" Brooke enquired? "Of course they do," I said like any know it all dad. They do in fact have optional pork or chicken san choy bow. We went for chicken. We also ordered Asian Greens, Shredded Pork in Beijing Bean Sauce with Pancakes and Sizzling Mongolian Beef. Accompanied by a glass of Twin Islands Sauv Blanc from New Zealand, this was a delightful Saturday lunch.

We dined on the far wall of the large, zoned restaurant. This wall is lined with lounge seating and faced by more conventional seats. Of

course the girls got the lounge seat. The service is very Chinese at Mama's. Experienced diners will know what I mean. They seem to have a cultural style of their own when it comes to restaurant service.

The 'by the glass' wine selection is limited but satisfactory given that the restaurant is within a shopping centre. The food however, is very good. The extensive menu can be daunting, but it is our districts most authentic Chinese menu.

I thought we had over ordered but we made light work of the three main size dishes. Shredded Pork in Beijing Bean Sauce with Pancakes was probably the highlight but we loved every last morsel of every dish and nobody experienced that 'over full' feeling.

We are fans. Get to Mama's Wok.